

## Week one

2/9, 23/9, 14/10, 11/11, 2/12, 6/1, 27/1, 24/2, 16/3

Monday

Mac 'N' Cheese  
Mexican Bean & Potato Wrap with a Rice Side (V)  
KS2 Mac 'N' Cheese Pot with BBQ Bake Beans  
With Green Beans & Broccoli & Cauliflower Medley  
Chocolate Slice

Tuesday

Chinese Chicken Noodles  
Cheese & Tomato Pizza with Potato Wedges (V)  
KS2 Mild Beef Chilli Wrap  
With Peas & Sweetcorn  
Orange Drizzle Cake

Wednesday

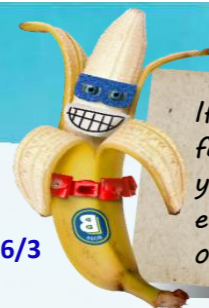
Roast Chicken with Roast Potatoes & Gravy  
Quorn Roast with Roast Potatoes & Gravy (V)  
KS2 Roast Chicken Bap  
With Carrots & Cabbage  
Shortbread Biscuits

Thursday

Beef Tortilla Pie with a Rice Side  
Veggie Pizza Hot Dog with Potato Wedges (V)  
KS2 Chinese Chicken Noodle Pot  
With Sweetcorn & Mixed Salad  
Banana & Berry Cobbler with Custard

Friday

Jacket Potato with Salmon  
Fish Fingers & Chips  
Cheese & Sweetcorn Omelette with Chips (V)  
  
With Baked Beans & Peas  
Peach & Chocolate Sponge



If you don't fancy dessert, you can *always* enjoy fresh fruit or yoghurt

## Week two

9/9, 30/9, 28/10, 18/11, 9/12, 13/1, 3/2, 2/3, 23/3

Monday

Spaghetti Bake  
Cheese & Tomato Pizza with Potato Wedges (V)  
KS2 Mild Chilli Cheese Burrito  
With Sweetcorn & Broccoli  
Mango Frozen Yoghurt

Tuesday

Chicken & Sweetcorn Pie with Mashed Potato  
Quorn Bolognese (V)  
KS2 Lemon Chicken Rice Pot  
With Peas & Roasted Peppers & Sweetcorn  
Plum & Apple Shortcake Crumble with Custard

Wednesday

Roast Pork with Roast Potatoes & Gravy  
Sweet Potato & Chickpea Roast with Roast Potatoes & Gravy (V)  
KS2 Roast Pork Bap  
With Cabbage & Carrots  
Flapjack

Thursday

BBQ Beef Meatballs  
Sweetcorn Tortilla Pie with a Rice Side (V)  
KS2 Quorn Ball Sub Roll  
With Green Beans & Broccoli & Cauliflower Medley  
Chocolate Cake

Friday

Fish Fingers & Chips  
Caramelised Red Onion & Mozzarella Tart with Chips (V)  
  
With Baked Beans & Peas  
Raspberry Yoghurt Cake



Jacket Potatoes are *available every day* with a choice of filling

## Week three

16/9, 7/10, 4/11, 25/11, 16/12, 20/1, 10/2, 9/3

Monday

Cheese & Tomato Pizza with Potato Wedges (V)  
Crunchy Bean Bake with a Rice Side (V)  
KS2 Chinese Quorn Rice Pot  
With Carrots & Peas  
Bread & Butter Pudding with Custard

Tuesday

Pork Sausages with Mashed Potato & Gravy  
Vegetarian Sausages with Mashed Potato & Gravy (V)  
KS2 Beef Chilli Nacho Pot  
With Green Beans & Roasted Peppers & Sweetcorn  
Oatie Biscuits

Wednesday

Roast Turkey with Roast Potatoes & Gravy  
Country Vegetable Pie with Roast Potatoes & Gravy (V)  
KS2 Roast Turkey Bap  
With Cabbage & Carrot and Swede Mash  
Strawberry Frozen Yoghurt

Thursday

Beef Bolognese  
Mild Sweet Potato Curry with a Rice Side (V)  
KS2 Chicken & Melted Cheese Roll  
With Broccoli & Mediterranean Vegetables  
Chocolate & Raspberry Swirl Cake with Custard

Friday

Crispy Fish & Chips  
Tomato & Quorn Wrap with Chips (V)  
  
With Baked Beans & Peas  
Banana & Cinnamon Cake

Reception, Year 1 & 2 Free  
Year 3, 4, 5 & 6 £2.30

Available everyday:

- Fresh salad bar
- Fresh baked bread
- Fresh fruit and Yoghurt

Our menus are prepared fresh everyday using locally sourced meats and high quality ingredients:

Jacket Potatoes with a choice of fillings available Tuesday and Thursday



There is a vegetarian choice *every day...* and don't forget that salad is available *daily*.

Our dishes contain increased levels of:

- Fruit & Vegetables
  - Pulses & Wholegrains
- to ensure a nutritious, balanced meal everyday.

Our Suppliers provide the freshest local ingredients:

- Westcountry Fruit and Vegetables
- Scorse Butchers
- Trewithen Dairy
- Proper Cornish

Keep yourself topped up with water - it will help you concentrate *all day long*.

