

TERMLY PESSPA REVIEW



March 2023 Issue 2

PESSPA - Physical Education, School Sport, Physical Activity

A spring term review of all things PESSPA at Trevithick Learning Academy.

Physical Education

All classes have continued their PE curriculum this term. Unicorns class (Y3) have been swimming weekly all term. Year 6 have been learning a dance for Trevithick day, Year 4 have been undertaking gymnastics and an invasion unit of work whilst Year 5 have been developing their communication, teamwork and map reading abilities with our OAA scheme of work followed by ultimate frisbee. Our PE Coordinator has continued Early Years PE with Year 5 sports leaders supporting. We have also begun a PE intervention group with selected children. Our PE Coordinator has met with PE teaching staff one-to-one to discuss curriculum, assessment and risk assessments.

School Sport

This term we've offered KS1 football with Saints SW, dance for multiple years with VOX dance in addition to continuing our Year 3/4, 5/6 football clubs and Year 5/6 netball and tag rugby. We've also had an early years multi skills club this term with Mr Hoon. We continued our Table cricket training this term (3 sessions this term, 6 in total) before our competition on Monday 6th February at Penryn College, where we fielded two teams. We've participated in a wide variety of events this term. We attended the Peninsula gymnastics finals at Penryn Gymnastics centre. Cross country events, including CSIA, Coose Trannack and the school games Peninsula finals, which were held at Helston Community College this year. We have attended multi skills sessions, including ALL of Year 2 enjoying a session at CSIA on Friday 10th March. We've had a hockey masterclass & KS1 continuous cricket festival which was held at the Cornwall Cricket Centre - Truro College! We've played several football league fixtures and friendlies this term, involving a huge number of children. We've also participated in a Year 3/4 football masterclass, Year 5/6 'inactive' qualifier (2nd place) and a Year 3/4 matches festival. We have also organised several netball friendlies this term (St Meriadoc, Treleigh and Weeth which was unfortunately postponed due to the weather). In February we ran our Year 6 football residential to Wolverhampton Wanderers. We had an academy training session at the Sir Jack Hayward training facility, following a stadium tour at Molineux Stadium. We stayed overnight at Lillleshall, a national sports centre and watched Wolves defeat Liverpool in the Premier League on Saturday 4th February. In March we took 14 Year 3/4 children to

participate in a Cornish Pirates coaching clinic, the children took part in a training session, performed a guard of honour, played on the pitch at half time and met the players after the game to get autographs! We had several children qualify for the Peninsula Cross Country finals, Lexie in Year 5 qualified for the Cornwall School Games finals (30.03.23). We ended the term with our inaugural Ventre MAT 'X Games' with St Issey - we took 30 children to BMX at Cornwall BMX, 28 to Skateboarding at Mount Hawke, 29 to surfing with Global boarders, 30 to a parkour session at West Coast Academy and 50 children took part in a scooter course with Mr Davies from Sustrans at TLA. Our bouldering and toboggan activities were postponed until next term due to the weather.

Physical Activity

Year 4 have worn the MOKI bands in Spring term 1 - we saw an increased motivation to move and be physically active. Increased physical opportunities in Later@ with addition of Sports coach from GoActive. We've been working with Dave Davies from Sustrans this term, promoting active travel. Dave ran a KS2 assembly and a Dr Bike day where he offered a FREE bike/scooter service! As part of our Comic relief fundraising, we ran our popular obstacle course in the hall (due to the weather) and ran a penalty shoot out on the field which everyone was invited to participate in! We raised £484.94 for Comic relief and several other charities linked to staff marathon participation.

Spring Term statistics

- Competitions/events entered: **17**
 - Number of children representing school: **238 (KS1: 76)**
 - Represented more than once: **76 pupils**
 - Extra curricular sports clubs run: **8**
 - Percentage of KS2 children involved in an extracurricular activity: **50%***
- *Includes data of children who attend multiple clubs, including breakfast & Later@.*

Picture below from Wolves stadium tour (Feb 2023)

