

# TLA ONLINE



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## TLA Tech Team - Trevithick's Digital Leaders



We are very happy to introduce TLA's new Tech Team. Our team has already been working hard at learning simple fixes and identifying any problems we might have.

For anti bullying week they researched all about cyberbullying and created a presentation, which they then filmed. The Tech Team shared the video in all classes throughout the school as well as on Facebook. You can see their video here: <https://vimeo.com/1028771965>



## Online Safety Survey



Every year at Trevithick we give the KS2 children an online safety survey, asking them about their internet usage, the devices they use and about their online safety knowledge.

Over 60% of TLA KS2 children spend more than two hours a day online, which shows that we need to make sure we are aware of what the children are doing online and how to keep them safe.



The survey shows that tablets are still the most popular devices, including iPads, Kindle Fires and other android tablets. All tablets have some form of parental controls that can be used by parents to limit things like screen time, apps and purchases. For more information please visit

[www.internetmatters.org/parental-controls/](http://www.internetmatters.org/parental-controls/) where you can find specific advice for every device.

Google's Family Link app is another handy app for parents, it's free and can be used to control all android devices, including; phones, tablets and chromebooks.

<https://families.google/familylink/>



Parental controls are a great way to start a conversation with your child about what they feel their limits should be as well as giving you the chance to talk to them about their online safety knowledge. The recent survey shows that over 68% of children talk to their parents about what they like to do online and about online safety. However, only 55% said that parents have set rules for going online. Internet Matters has a helpful guide to creating a Family Agreement, where you can discuss rules and limits for internet use.

<https://www.internetmatters.org/resources/digital-family-agreement-template/>

We asked the children if they kept any devices in their bedrooms, over 57% of the children said they had a tablet in their room and just over 62% had a TV, which is less than in previous years. This shows that hopefully children are not using devices isolated in their rooms as much.



We then asked the children if they used their devices during the night when they were in bed. Worryingly, 40% of the children asked said they do use their devices whilst in bed at night. However, this is another good decrease from last year! This shows that children are more aware of their digital wellbeing. However, this is still quite concerning as parents may not be aware that their children are using devices during the night and it could have a significant impact on children's sleep. Parents can use parental controls to ensure that children are not using their devices at night, or **simply remove the devices from the children's bedrooms before they go to sleep.**



YouTube is still the most popular app and 94% of children said that watching videos, TV & Movies was their favourite thing to do online. YouTube is still the most popular app children are using, YouTube Kids is a safer alternative, however sometimes inappropriate videos can sneak through. For more advice on making YouTube as safe as possible, please visit: [parentzone.org.uk/article/youtube](http://parentzone.org.uk/article/youtube)



When using streaming devices such as Netflix, Prime, Disney+ 66% of our children said that they have their own profile or use a child profile, which is the safest option for children as it restricts what they can watch using age ratings. 19% said that they have no restrictions and can watch whatever they like, which is concerning as children could be accessing inappropriate content. Below are some guides on setting up child profiles.



Netflix: <https://help.netflix.com/en/node/114275>

Disney+:

<https://help.disneyplus.com/en-GB/article/disneyplus-kids-profiles>



The most popular game at TLA is Roblox followed by Minecraft and Fortnite. You can find advice about all 3 games on the school's website. It is

important to be aware that the age

rating for Fortnite is 12+ and it is

played by a lot of adults. Children

need to remember that they may

be playing with people a lot older

than them and may be exposed to inappropriate language.



With all these games there is an opportunity for children to chat to other players, some of which will be strangers. In school we teach children that if they are talking to people they

don't know in real life they should never share private information (name, address, birthday etc.).

We also advise them to stay in the public chats and to **NEVER join a private chat with someone they don't know in real life.**

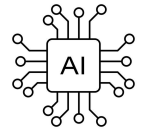
For younger children we still encourage them to turn the chat functions off and to not talk to people they don't know in real life.

Children were asked if they play games that are too old for them and 49% said that they did. There are several children that said that they play GTA (Grand Theft Auto), this game is 18+ and is very inappropriate for children, they should not be playing this game.



Parents should be aware of age ratings of games and apps to ensure children are not exposed to inappropriate content. For more advice about age ratings please visit: [parentzone.org.uk/article/age-ratings](http://parentzone.org.uk/article/age-ratings)

## Artificial Intelligence (AI)



This year we asked children about their knowledge and use of Artificial Intelligence (AI). 78% said that they have some knowledge of AI and 59% have used AI in some way. Last year both Year 4 & 5 were taught a series of lessons about AI and it's positive to see that children have retained this knowledge. For more information about AI please visit: <https://www.internetmatters.org/tech-and-kids-digital-futures/using-artificial-intelligence-safely/>

Children were asked what they have used AI for, there were many answers including: making images, research, asking questions, making stories, help on homework and chatting.

AI chatbots are something we need to be aware of as parents. Chatbots allow people to talk to them and use AI to give realistic responses, this can lead people into believing they are making friends and developing relationships with a real person. Children may end up sharing private or personal information believing it is safe to do so. Below are some websites with advice.

- <https://www.internetmatters.org/hub/news-blogs/what-is-character-ai-parent-guide/>
- <https://saferinternet.org.uk/blog/how-does-snap-hats-new-ai-function-my-ai-impact-young-people>

35% of our children have created images using AI; as parents we need to ensure children are not sharing their own images with these websites and are aware that they may generate inappropriate images. Most of these websites have an age limit of 13+.



The most popular website for using AI amongst our children is Chat GPT, for more information please visit:

<https://swgfl.org.uk/magazine/chatgpt-the-future-of-content-creation/>

Common Sense Media also has advice for parents about Chat GPT.

<https://www.commonsensemedia.org/articles/guide-to-chatgpt-for-parents-and-caregivers>

Chat GPT has an age rating of 13+ and requires anyone between the ages of 13 and 18 to have parental permission.



## New Devices for Christmas



Over Christmas many children receive gifts that require going online (phones, gaming devices, tablets, etc). We have compiled a short checklist to help keep your children as safe as possible whilst using their new devices.

1. Research the device, make sure you have an idea of how your child will be using it.

[www.internetmatters.org/resources/tech-guide/](http://www.internetmatters.org/resources/tech-guide/) is a very useful website which provides helpful information about different devices (smartphones, tablets, games consoles etc.)



2. Have a look at the device before Christmas day and set up security and privacy settings. If you can't set it up before Christmas ensure you sit with your child and set it up together.

[www.internetmatters.org/resources/e-safety-check-list-getting-your-kids-tech-devices-set-up-safe/](http://www.internetmatters.org/resources/e-safety-check-list-getting-your-kids-tech-devices-set-up-safe/) is a helpful guide.

3. Look into the parental controls, the website below is a helpful guide to setting controls up on any device (phones, consoles, tablets etc)



[www.internetmatters.org/parental-controls/](http://www.internetmatters.org/parental-controls/)

4. Finally, take time to play on the new device together with your child, talk about what your child is using it for and what they know about staying safe online.



If you are thinking of giving your child a second hand device, Internet Matters has a guide and information on how to do this safely.

<https://www.internetmatters.org/resources/guide-to-hand-me-down-devices/>

## Online Safety Videos

At Trevithick Learning Academy, we are committed to equipping parents and children with the knowledge and skills necessary to navigate the online world safely.



We have recently signed up to an initiative which includes a series of nine documents that we will share with you throughout the year. These documents include links to videos which address a key topic related to Online Safety.

The first email was sent out on the 22nd of November and we highly encourage you to have a look!

## How to report an incident

If your child tells you or shows you something inappropriate that they have seen online please report it. It could help prevent this from happening to someone else.

The first place it needs reporting is to the APP/ Website/Game it happened on.

If you are worried about online abuse or the way someone has been communicating online let CEOP know. You can report it by visiting [www.ceop.police.uk/](http://www.ceop.police.uk/) or by clicking the button on our website. The website will guide you through how to make a report.



For further advice visit the School's website, visit the [Childline](http://www.childline.co.uk/) website or call 0800 1111

## TLA Tech Team Advice

When buying new games:



- "Always get your parents permission before getting games." - Gracie
- "Check the age ratings of games." - Otto
- "If it has an age rating, it's there for a reason." - Solly
- "Make sure there's no violence in the game." - Kyle