

TERMLY PESSPA



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PESSPA - Physical Education, School Sport, Physical Activity

An summer term review of all things PESSPA at Trevithick Learning Academy.

Physical Education

Summer term sees all year groups cover athletics, in preparation for sports day as well as striking & fielding skills (cricket & rounders). Y3 took part in their curriculum swim lessons & Y5 continued their surfing curriculum with Global Boarders (Makai). The final two sessions for each year five class involved mega SUP (stand up paddleboarding) and coasteering. These sessions were great and allowed the children to experience an alternative water-based activity. Using their previous knowledge from the surf sessions to successful tackle the challenges ahead on the Lizard Peninsula.

School Sport

This term we've offered the following extra-curricular clubs - KS1 football (DT Coaching), Y5/6 cricket, Y5/6 surfing, KS2 cheer & skateboarding as well as a touch rugby club with TR6 rugby academy.

We attended both the Y3/4 & Y5/6 quad kids competitions at Carn Brea Leisure centre for our Peninsula area. Fifteen Y5/6 children danced and sung as part of the CSIA summer production (Vile Island). The children showed excellent dedication, taking part in several rehearsals before final performing to parents and guests! We hosted our own Y3/4 football inter house, using Y6 footballers to referee games and support the different teams. Forty-five boys & nineteen girls took part in our games. A group of Y4 children attended a tennis masterclass at CSIA, a team of Y5/6 girls attended a rounders festival at CSIA too. We attended the peninsula T1 rugby mega fest in May which was a fun rugby opportunity; our team performed well against some strong schools.

Unfortunately, there was no Cornwall cricket competition opportunities this year which we had run an after-school club in preparation for, this impacted our summer participation as we usually engage around 30-40 KS2 children in these competitions. We were however, awarded school of the term by Cornwall cricket for our engagement with cricket this year, participating in the chance to shine scheme and the leadership after school club.

We ran our school sports days for early years & mainstream classes in addition to hosting the Trevictus Games in late July. Due to the later date, visiting schools did not attend. Forty mainstream children and around 14 ARB children accessed the morning event. More ARB & early years children took part in an afternoon session which was shorter & more sensory based.

Physical Activity

Y4 have continued coastal walking this term in addition to our usual forest school sessions. We have run inter house football for lower KS2 boys & girls, hosted our sports days & rainbow run events in addition to Trevictus, all of which highlight & encourage physical activity! Our first rainbow run events were great fun and raised over £700 for the school! We have plans to improve this event next year with support from our TLA champions! Our lunchtime run club continued through the first half term as well in addition to our other extra-curricular activities.

Summer Term statistics

- Competitions/events attended: **10** (not including sports days or Trevictus).
- Number of children representing school: **129 (10 KS1)**
- Extracurricular sports clubs run: **6**
- Enrichment trips: **2** = Wimbledon tennis & women's T20 World cup cricket.
- Trolls: 25m swimming %: $8/30 = 26\%$



Our Year 5's coasteering on the Lizard Peninsula!